

Help for Veterans with Life Challenges



Life has its challenges. You don't have to solve them alone. That's true whether it's an everyday struggle, or something more complicated.

This site was designed for Veterans to proactively seek support and resources with:

- [Career Challenges](#)
- [Educational Challenges](#)
- [Experiencing Grief or Loss](#)
- [Feelings of Depression](#)
- [Feelings of Isolation](#)
- [Health Challenges](#)
- [Life Transitions](#)
- [Living with a Disability](#)
- [Money Challenges](#)
- [Posttraumatic Stress Disorder](#)
- [Relationship Challenges](#)
- [Substance Use Challenges](#)

You're not alone. You've got this. Don't wait. [Reach out.](#)

[Veterans](#)

Print

Table of Contents

NEWS

News & publications

The news about recent activities for needed peoples.

[More News](#)

28 Jul 2025



See what cuts to LSC would mean to your community

Actions speak louder than words. Last week, members of Congress sent a powerful...

[Continue Reading](#)

18 Jun 2025



Key Groups Send Support Letters to Congress for LSC

Amid threats to LSC's funding, key groups are stepping up to urge Congress's...

[Continue Reading](#)