

## Table of Contents

# A Guide to Veterans' Benefits



According to the [U.S. Department of Veterans Affairs](#), over 18.2 million veterans age 65 and older are living in the United States. This particular demographic may have more need for resources than others yet have difficulty accessing them because they may not know where to look for help.

This guide will explain several VA benefits, especially those that apply to seniors. It includes how to use VA benefits to pay for long-term care needs, the eligibility requirements, and the application process for benefits, so you can determine your options for using those benefits to pay for your health needs.

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[Veterans](#)

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## Table of Contents

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